



Cheesy Quesadillas

- 2 whole wheat tortillas
- 1/2 cup shredded cheddar cheese
- shredded lettuce
- mild salsa



Put one tortilla on a microwave safe plate. Top with half the cheese and the remaining tortilla. Cook in microwave until cheese is melted, 1-2 minutes. Cut into wedges, and serve with lettuce and salsa.

